

# Motivation in Management: For Employees in the Workplace

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**Abstract-** Present day's "Demotivating Factors" are most present in the workplace. Demotivating nothing but near of "Motivation". Motivation and self-motivation throughout achieve the entire sphere. One's motivation plant mind and thoughts manifest the performance and growth identity

**Indexed Terms-** Motivation, Cause of Demotivation, Employee Motivation, Self-Motivation

## I. INTRODUCTION

Demotivation can only disperse within motivation of employee's work life and organization. Employee motivation is an integral part of Human Resource Management and It plays a crucial role in the long term growth of organization. Motivation can be defined as the inherent enthusiasm and driving force to accomplish a task. Proper motivation turns an employee into a loyal asset and helps in maintaining the retention rate.

## II. ELABORATIVE APPROACH

Manage your Motivation:

### 1. Spend half hour Planning your Day:

Before you begin working each day spend 30 minutes planning out what you want to do. The easiest way to do this is to write down a list of goal for everyday, which you can carry through. If you get stuck or feel unmotivated the list will help you complete your project by forcing you to stay on task.

### 2. Block out Time for Important Task:

You should block out a specific time in your schedule for important task. This does several things; It allows you to continue through your list of task, in turn staying productive and how long that project will truly take to finish.

### 3. Take Small but Frequent Breaks:

If you are working long hours – especially if you are setting – then it's best to take frequent but small breaks to rejuvenate your focus.

### 4. It's ok to Say "No":

Don't overload yourself with work. If you know that something on your daily list is going to take a while to complete, don't take on extra work.

## III. FINDINGS

- Don't be Demotivated
- Be Enthusiastic
- Keep your Positive Motivation
- Focus your Achieving Target
- Some Time Spend for Yourself
- Everything is not Perfect Entire World
- Don't fell Small Yourself
- Motivation is the Key to Success in Each of our Lives.

## CONCLUSION

Motivation improves academic performance of the employees. This finding suggest when organizations are caring and Supportive and Emphasize the organizational learning process over performance outcomes, and when they give feedback, employees to be motivated to achieve and to expect success.

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