

Conflict Management Be Calm & Avoid Conflict

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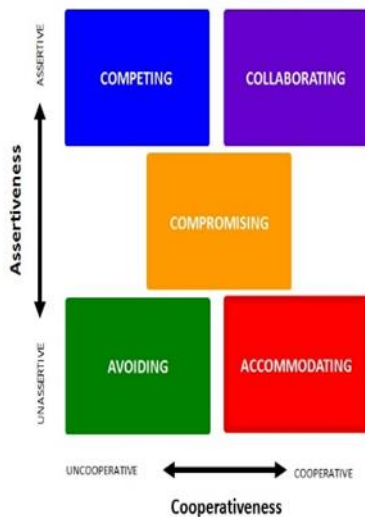
Abstract- Conflicts arises without any hint, we need to be calm when we facing conflicts in organisation as well as in our routine life. Having positive mindset helps to manage conflicts in better manner.

I. INTRODUCTION

Conflicts happens in every organisation because every employees brings different ideas and it is good thing for the organisation that their employees are coming with new ideas. These things lead to the conflicts and level of conflicts are low sometimes high. The organisations HR and Managers helps their personnels to avoid conflicts and improve their ideas. And other thing, to be remain calm in the conflicts is not possible but we need to maintain our calmness high for growth.

II. ELABORATIVE APPROACH

Thomas-Kilmann Conflict Mode Instrument



III. FINDINGS

- Avoid Conflicts
- Be Calm in Every Situation
- Find Positive things

- Respect Others Opinion
- Keep Patience
- Don't show your aggression
- Learn to Compromise things
- Don't compete with others do your best

CONCLUSION

In an organisation employees should understand their own personal triggers to deal with conflict situations in the workplace. Although focus to reduce conflicts before that conflict grow and reduce growth of the organisation.

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